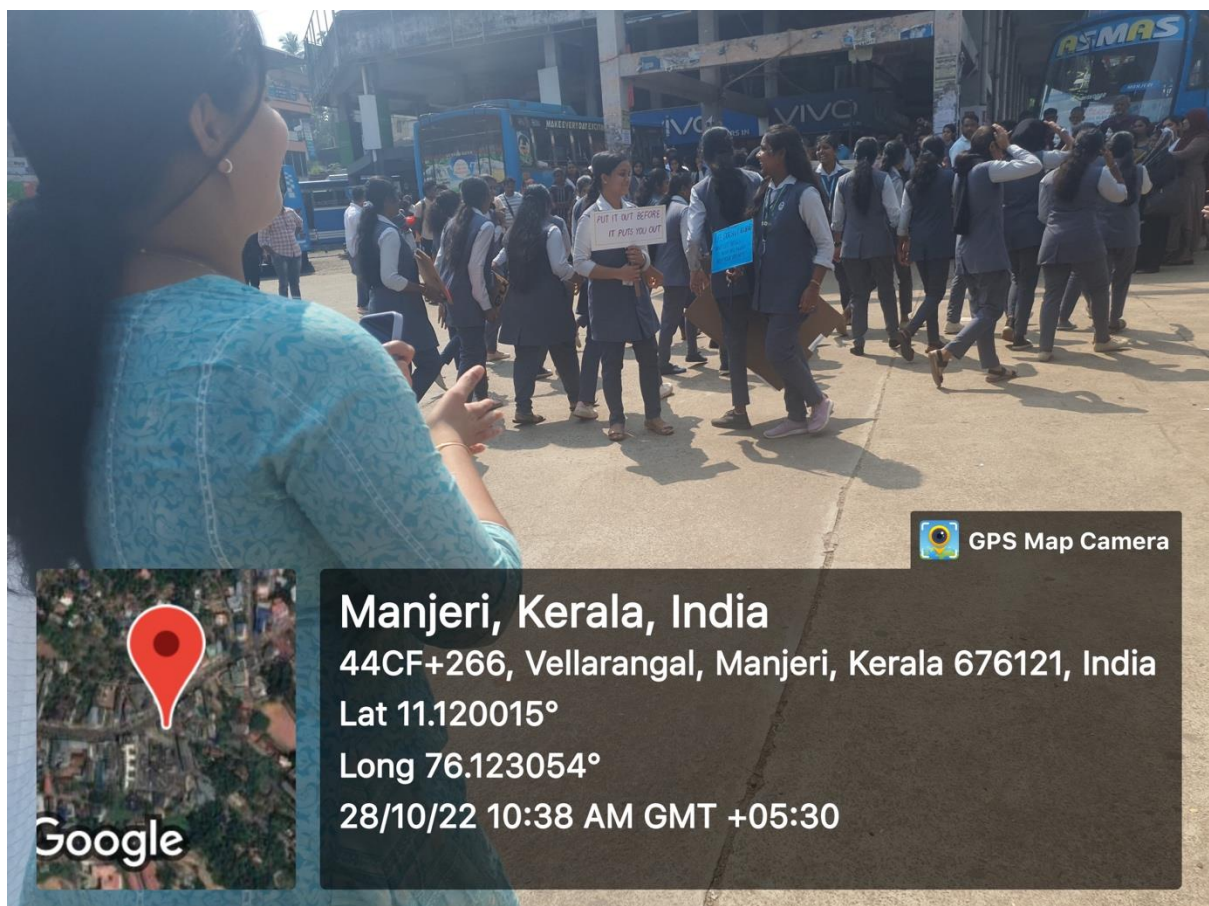


Dance Club Report 2022-23

As part of the State Government's anti-drug campaign, a dance club conducted a flash mob in Manjeri town on 28 October. The primary goal of the flash mob on drug awareness was to raise awareness about the dangers of drug abuse. The flash mob created an open and supportive environment for discussing this sensitive issue. Ultimately, the goal of the flash mob on drug awareness was to change attitudes towards drug abuse and addiction. By raising awareness, challenging stereotypes, encouraging dialogue, and providing resources, the flash mob helped to create a more supportive and understanding community. The flash mob generated buzz and interest in the community, leading to increased awareness and understanding of the dangers of drug abuse. It created a lasting impact on the community.



Poetic Drama

A flash mob and a dance drama on 'say no to drugs' was held on 2 November, during the closing ceremony of the one -month anti- drug campaign. The dance drama was meant to create awareness among the students on the evil effects of drugs and how it can destroy one's identity, family and life. It was a creative event of the club which incorporated literature into the dance form. The poem was recited by the alumna of the college, Ms. Abida Abdullah.



The official inauguration of the Dance Club was held on 20th October 2022. Filmmaker, Mr. Zakariya spoke on the importance of arts in the life of a student and how dance can creatively be used for the goodness of society. The programme was presided over by the Principal.



On 2nd November, the college observed Kerapiravi Day. As a part of the programme, the students of Dance Club organized a dance which showcased the rich tradition of Kerala. The programme was held in the college auditorium, in which the entire college actively participated.

KERALAPPIRAVI DANCE – SECOND YEAR UG STUDENTS ON 2 NOVEMBER



Dance Club 2023-24

On 24th August 2023, a fusion dance was performed to celebrate Onam, blending traditional Kerala costumes with contemporary dance. The event highlighted Kerala's cultural heritage, capturing the spirit of Onam with themes of joy, unity, and prosperity.

FUSION DANCE DURING ONAM CELEBRATION ON 24/08/2023



Online Talk on Dance and Fitness - 9th March 2024

A talk on dance and fitness was held on 9th March 2024, with Dr. Geethika, a renowned dancer and fitness trainer, as the resource person. Dr. Geethika shared her expertise on the intersection of dance and fitness, discussing how dance can be a holistic approach to physical well-being and mental health. She discussed how dance promotes mental relaxation, self-expression, and stress relief and shared practical tips on incorporating dance into daily routines as enjoyable exercise.

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